

West Suburban YMCA - Pool Schedule September 7, 2010-September 12, 2010

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	<u>Adult Lap Swim</u>						
	5:45-8:30am (5)	5:45-8:30am (5)	5:45-8:30am (5)	5:45-8:30am (5)	5:45-8:30am (5)	7:00-9:00am (4)	9:00-3:00pm (3-4)
Labor Day	8:30-2:30pm (4)	8:30-9:15am (3-4)	8:30-3:30pm (4)	8:30-9:15am (3-4)	9:00-10:30am (3)	3:00-6:00pm (2)	
Pool is Closed	2:30-3:30pm (3)	9:15-3:30pm (4)	3:30-4:00pm (3)	9:15-4:30pm (4)	10:30-11:30am (4)		
	3:30-5:00pm (4)	3:30-7:00pm (3)	4:00-4:45pm (1)	4:30-6:00pm (3)	11:30-12:30pm (3)		
	5:00 CLOSED 7:00pm	7:00 CLOSED 8:00pm	4:45-6:00pm (3)	6:00-9:00pm (2)	12:30-3:00pm (4)		
	7:00-8:15pm (3)	8:00-9:00pm (3)	6:00 CLOSED 7:00pm	7:00-9:00pm (3)	3:00-6:00pm (2)		

*It is policy to circle swim and share the lanes when the pool is busy.

*During peak times, please try to limit your swim time to an hour.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	<u>Adult Rec Swim*</u>						
	5:45-8:30am (1)	5:45-8:30am (1)	5:45-8:30am (1)	5:45-8:30am (1)	7:00-9:00am (2)	9:00-3:00pm (2)	
Labor Day	8:30-1:00pm (2)	9:15-3:30pm (2)	8:30am-3:30pm (2)	9:15-3:30pm (2)	2:00-3:00pm (2)		
Pool is Closed	3:30-5:00pm (2)	5:00-6:00pm (2)	4:30-6:00pm (2)	5:00-6:00pm (2)			
		8:00-9:00pm (2)	8:30-9:00pm (2)				

· Listed times are when the pool is available for Rec Swim

· Parentheses notate the number of Lanes available

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	<u>Youth/Family Swim</u>						
	11:00-12:00pm	10:30-12:00pm	10:00-12:00pm	2:30-3:30pm	3:00-6:00pm (3)	3:00-6:00pm (3)	
	Family Swim - SP	Family Swim - SP	Family Swim - SP	Family Swim - SP	Family Swim - BP	Family Swim - BP	
	3:30-5:00pm (1)	2:30-3:30pm	1:00-2:00pm	4:30-6:00	3:00-6:00pm (1)	3:00-6:00pm (1)	
	Youth Lap - BP	Family Swim -SP	Family Swim - SP	Youth Rec-SP	Youth Lap - BP	Youth Lap - BP	
Small Pool - SP	4:30-6:00pm	4:30-7:00pm (1)	4:30-6:00	4:30-9:00pm (1)	3:00-6:00pm (SP)	3:00-6:00pm (SP)	
· Big Pool - BP	Youth Rec - SP	Youth Lap - BP	Youth Rec -SP	Youth Lap - BP	*if available	*if available	
	<u>Adult H2O Polo^</u>	4:30-5:30pm	4:30-6:00pm (1)	6:00-9:00pm (3)			
	8:20-9:20pm - BP	Family Swim -SP	Youth Lap - BP	Family Swim BP			
^Must pre-register to take part in the program.		6:30-7:30pm	8:00-9:00pm (1)	6:00-9:00pm (SP)			
		Family Swim -SP	Youth Lap - BP	*if available			
		8:00-9:00pm (1)	Youth Lap - BP				

****ALL SWIMMERS MUST shower prior to swimming.**

****ALL SWIMMERS are REQUIRED to wear a swim cap.**

· Schedules are subject to change without notice, please visit www.westsuburbanymca.org for the most up to date schedule.



**FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**