

Lap, Rec, Youth & Family Swim Pool Schedule: July 26, 2010-Aug 1, 2010

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<u>Adult Lap Swim</u>	<u>Adult Lap Swim</u>	<u>Adult Lap Swim</u>	<u>Adult Lap Swim</u>	<u>Adult Lap Swim</u>	<u>Adult Lap Swim</u>	<u>Adult Lap Swim</u>
5:45-8:30am (5)	5:45-8:30am (5)	5:45-8:30am (5)	5:45-8:30am (5)	5:45-8:30am (5)	7:00-9:00am (4)	9:00-1:00pm (3)
8:30-1:00pm (3-4)	8:30-1:00pm (3-4)	8:30-1:00pm (3-4)	8:30-1:00pm (3-4)	8:30-2:00pm (3-4)	9:00-1:00pm (3-4)	1:00-3:00pm (4)
1:00-9:30pm (3)	1:00-7:45pm (3)	1:00-9:30pm (3)	1:00-7:45pm (3)	2:00-6:00pm (3)	1:00-3:00pm (4)	3:00-6:00pm (2)
	7:45-8:15pm (3-4)		7:45-9:00pm (4)	6:00-9:00pm (2)	3:00-6:00pm (2)	

**Men may use the alternate entrance to the pool if the small pool is in use.

*It is policy to circle swim and share the lanes when the pool is busy.

*During peak times, please try to limit your swim time to an hour.

<u>Adult Rec Swim*</u>	<u>Adult Rec Swim*</u>	<u>Adult Rec Swim*</u>	<u>Adult Rec Swim*</u>	<u>Adult Rec Swim*</u>	<u>Adult Rec Swim*</u>	<u>Adult Rec Swim*</u>
5:45-8:30am (1)	5:45-8:30am (1)	5:45-8:30am (1)	5:45-8:30am (1)	5:45-8:30am (1)	7:00-9:00am (2)	9:00-3:00pm (2)
9:15-1:00pm (2)	8:30-1:00pm (2)	9:15-1:00pm (2)	8:30-1:00pm (2)	11:30-1:00pm (2)	2:00-3:00pm (2)	
2:00-5:00pm (2)	2:00-8:15pm (2)	2:45-9:30pm (2)	2:45-8:15pm (2)	2:00-6:00pm (2)		
6:00-9:30pm (2)						

• Parentheses notate the number of Lanes available

• Listed times are when the pool is available for Rec Swim

<u>Youth/Family Swim</u>	<u>Youth/Family Swim</u>	<u>Youth/Family Swim</u>	<u>Youth/Family Swim</u>	<u>Youth/Family Swim</u>	<u>Youth/Family Swim</u>	<u>Youth/Family Swim</u>
11:30-1:00pm	11:30-1:00pm	11:30-1:00pm	11:30-1:00pm	2:00-4:00pm	3:00-6:00pm (1)	9:00-1:00pm (1)
Family Swim - SP	Family Swim - SP	Family Swim - SP	Family Swim - SP	Family Swim - SP	Youth Lap - BP	Youth Lap - BP
5:00-8:00pm	5:00-6:00pm	5:00-8:00pm	5:00-6:00pm	2:00-6:00pm (1)	3:00-6:00pm (3)	3:00-6:00pm (1)
Family Swim - SP	Youth & Family - SP	Family Swim - SP	Youth & Family - SP	Youth Lap - BP	Family Swim - BP	Youth Lap - BP
5:00-8:00pm (1)	5:00-6:00pm (1)	5:00-8:00pm (1)	5:00-6:00pm (1)	4:30-6:00pm	3:00-6:00pm	3:00-6:00pm (3)
Youth Lap - BP	Youth Lap - BP	Youth Lap - BP	Youth Lap - BP	Youth Rec - SP	Family Swim - SP	Family Swim - BP
	<u>Adult H2O Polo^</u>			6:00-9:00pm		3:00-6:00pm
	8:20-9:20pm - BP	^Must pre-register to take part in the program.		Family Swim - BP		Family Swim - SP

**ALL SWIMMERS MUST shower prior to swimming.

**ALL SWIMMERS are REQUIRED to wear a swim cap.

Dive-In Movie^

Small Pool - SP

Big Pool - BP

6:30-8:30pm (SP)



• Schedules are subject to change without notice, please visit www.westsuburbanymca.org for the most up to date schedule.

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